

BIRTH REGULATION

QUESTIONNAIRE FOR § 139–143.

WHAT IS IMPORTANT FOR OUR CHOICE? (Woman's questionnaire)

Put an x in the box that you think best matches the importance of each factor for you personally, when you and your spouse, together, choose a birth control method.

	Very important	Important	Not important
Your age			
My age			
Equal sharing of responsibility			
Short-term side-effects			
Long-term effects on health			
The Church's teaching on the sanctity of life and birth control			
Safety, security			
Well-known method			
Accessibility or availability			
Price			
Preserves the ecosystem			
User-friendly			
Can also be used to get pregnant			

Other

Based on what you know about the various birth-regulating methods, put an x in the box that best reflects what you think about the use of the various methods:

	Acceptable	Not acceptable	Don't know enough to decide
Hormonal contraception			
Combination pills			
Minipills			
Hormonal injection			
Contraceptive implant			
Vaginal ring			
Emergency contraceptives – 'morning after pills'			
Intrauterine devices (IUDs)			
Copper IUD			
Hormonal IUD			
Barrier methods			
Male condom			
Female condom			
Diaphragm + spermicide			
Sterilization of the man			
Sterilization of the woman			
Natural birth-regulating methods			
Temperature measurement methods			
Billings method			
Measuring the hormone level in urine			
Combination methods (e.g., the sympto-thermal method)			

BIRTH REGULATION

QUESTIONNAIRE FOR ASSIGNMENT FOR § 139–143.

WHAT IS IMPORTANT FOR OUR CHOICE? (Man's questionnaire)

Put an x in the box that you think best matches the importance of each factor for you personally, when you and your spouse, together, choose a birth-regulating method.

	Very important	Important	Not important
Your age			
My age			
Equal sharing of responsibility			
Short-term side-effects			
Long-term effects on health			
The Church's teaching on the sanctity of life and birth control			
Safety, security			
Well-known method			
Availability, accessibility			
Price			
Preserves the ecosystem			
User-friendly			
Can also be used to get pregnant			

Other

Based on what you know about the various birth-regulating methods, put an x in the box that best reflects what you think about the use of the various methods:

	Acceptable	Not acceptable	Don't know enough to decide
Hormonal contraception			
Combination pills			
Minipills			
Hormonal injection			
Contraceptive implant			
Vaginal ring			
Emergency contraceptives – 'morning after pills'			
Intrauterine devices (IUDs)			
Copper IUD			
Hormonal IUD			
Barrier methods			
Male condom			
Female condom			
Diaphragm + spermicide			
Male sterilization			
Female sterilization			
Natural birth-regulating methods			
Temperature measurement methods			
Billings method			
Measuring the hormone level in urine			
Combination methods (e.g., the sympto-thermal method)			